Supporting families and their loved ones since 1981

Need home care support in Greater Boston, Southeastern MA, Cape Cod and Islands?

Best of Care can help.

Do any of these situations sound familiar?

- You have not found a home care agency that matches your caregiving needs
- You take turns with your siblings looking after an aging loved one
- Your aging parents resist the idea of having a “stranger” in their home to help out
- The stress of caring for a loved one, doing your job, and being a spouse and parent is taking its toll.
- Mom and Dad require extra help to remain in their independent retirement or assisted living community
- Your family is planning vacation time. Who will look after your loved ones?

Whether you’re just beginning to search for professional support, or need to make adjustments to a loved one’s care plan, the Best of Care family is here for yours. Our personalized approach can support a loved one at any stage in their continuum of care – whether it is arranging service upon hospital discharge, delivering 24/7 care or simply providing a few hours a day for companionship and housekeeping.

As a family-owned business, Best of Care’s dedication to quality and service come from the top. Our certified home aides receive constant training and professional development.
Compassionate, professional home care aides

For more than 37 years, family owned-and-managed Best of Care has been caring for older residents of Greater Boston, Southeast Massachusetts, Cape Cod and the Islands. Over those years, we have provided the highest level of safety, security and on-going care support to thousands of families. We offer customized home care services in people’s homes, or within their residences at life care retirement or assisted living communities. Our trained home care aides provide personalized assisted daily living services to our clients and peace of mind to their families.

From general home care to highly specialized service to manage chronic conditions, Best of Care can help, day or night, up to 24 hours a day, wherever your loved ones need it.

Help us determine your or a loved one’s home care needs. Visit BestofCareInc.com or call 508-619-7292. One of our home care specialists will contact you to do a free assessment.

A complete menu of customized services

<table>
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<tr>
<th>Coordinated Services Support</th>
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<tr>
<td>Guidance and support to create a care plan</td>
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<tr>
<td>Support in accessing long-term health insurance or Veterans benefits</td>
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<td>Coordination with Massachusetts’ Aging Service Access Points network</td>
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<tr>
<th>Homemakers and Companions for Housekeeping and Socialization</th>
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<tr>
<td>Household management (housekeeping, laundry and meal preparation)</td>
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<tr>
<td>Shopping</td>
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<td>Companionship and socialization</td>
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<tr>
<th>Home Health Aides for Personal Care</th>
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<tbody>
<tr>
<td>Help with bathing (bed, tub, shower, sponge) and dressing</td>
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<tr>
<td>Help with dental, false teeth and mouth care</td>
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<tr>
<td>Assist in and out of bathroom and with toileting</td>
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<tr>
<td>Assist with ambulation and transfers</td>
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<tr>
<td>Conduct physical therapy and exercise programs</td>
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<td>Prepare and serve healthy meals</td>
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<th>Nursing Care Management</th>
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<td>Professional guidance for needs assessments or schedule changes</td>
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<td>Referrals to specialists for specific medical needs.</td>
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<td>Medication supervision and chaperoned medical appointments.</td>
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<tr>
<td>Care management to support communication between clients, family members, doctors and other service providers.</td>
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</table>
“Our skilled caregivers on Cape Cod and the Islands help your loved ones maximize their independence and well-being, wherever they call home. And they do it with empathy, humor and compassion.”

Stephen Smith, CEO

“Quality. Concierge care.
Outstanding home care service.
These are the values we live by.”

Kevin Smith, President and COO

Testimonials

“I’m not sure who identified Best of Care for us, but they staffed the perfect home health aide. My aunt adored her and the other Best of Care staff. They were so reliable and dedicated. They are always willing to work with us, especially when our needs changed. They did extra things to make her more comfortable, putting lotion on her legs because her skin was so dry and positioning her so she didn’t get sores. They were really tuned into her needs.”

“I’ve been trying to figure out what makes Best of Care so good. Everyone is so flexible and responsive. I think it has to come from the top. It’s a family-owned business and they impart their values to all of their staff.”

Let us help your family manage its caregiving journey.

Visit BestofCareInc.com or call 800-310-5800

One of our home care specialists will contact you to discuss your options.

Best of Care
OUR Family Serving YOUR Family

1250 Hancock Street, Suite 501s
Quincy, MA 02169
Perceptions and Realities about Home Care

Perception 1: The caregiver will be doing everything for me (or my loved one).

Reality 1: Embracing home care doesn’t mean sacrificing freedom or independence.

Perception 2: Finding the right caregiver is impossible.

Reality 2: Finding the right caregiver is possible when your loved one has her or his say.

Perception 3: I can find and pay a non-agency caregiver by myself.

Reality 3: Best of Care screens, hires, trains, manages, schedules and compensates our caregivers so you don’t have to. That means security and peace of mind for you and your elderly loved one.

Perception 4: A professional caregiver will diminish my role and my bond with my parent.

Reality 4: Would you like to remember the last years with your parent as their personal health caregiver, cook and cleaner? Or as their companion, spouse, daughter, son and friend? Hiring a professional caregiver can restore the family’s natural order.

Where are you on your home care journey?

Visit BestofCareInc.com or call 508-619-7292. One of our home care specialists will contact you to discuss your options.

Serving:
Abington
Acushnet
Aquinnah
Arlington
Ashland
Attleboro
Avon
Barnstable
Bedford
Belmont
Berkley
Boston
Bourne
Braintree
Brewster
Bridgewater
Brighton
Brockton
Brookline
Burlington
Cambridge
Canton
Carver
Chappaquiddick
Chatham
Chelsea
Chestnut Hill
Cohasset
Concord
Dartmouth
Dedham
Dennis
Dighton
Dorchester
Dover
Duxbury
Eastham
Easton
Edgartown
Fairhaven
Fall River
Falmouth
Fitchburg
Foxboro
Framingham
Franklin
Freetown
Halifax
Hanover
Hanson
Harwich
Hingham
Hollbrook
Hull
Hyannis
Hyde Park
Jamaica Plain
Kingston
Lakeville
Lexington
Lincoln
Makomike
Malden
Mansfield
Marion
Marshfield
Mashpee
Mattapan
Mattapoisett
Medfield
Medford
Medway
Melrose
Middleboro
Millis
Milton
N. Attleboro
Nahant
Natick
Needham
New Bedford
Newton
Norfolk
Norton
Norwell
Orleans
Pembroke
Plainville
Plympton
Provincetown
Quincy
Randolph
Raynham
Rehoboth
Rochester
Rockland
Roslindale
Rockbury
Sandwich
Saugus
Scituate
Seekonk
Sharon
Sherborn
Somerset
Somerville
Stoneham
Stoughton
Sudbury
Swansea
Taunton
Tisbury
Truro

Greater Boston: 800-310-5800
Southeastern MA: 888-695-9692
Cape Cod & The Islands: 508-619-7595